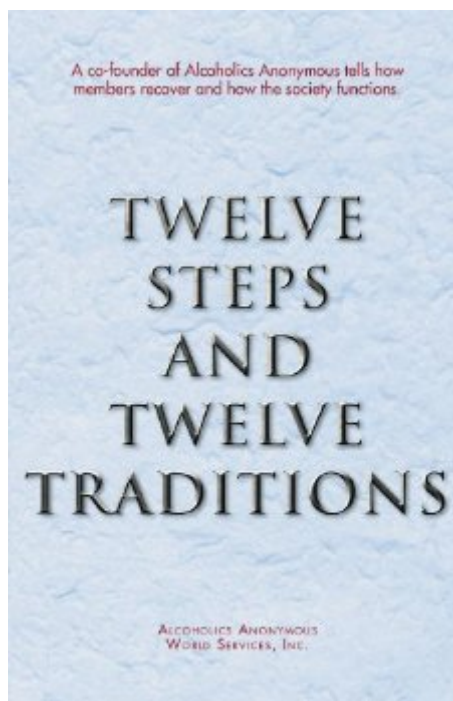


The book was found

Twelve Steps And Twelve Traditions



Synopsis

Bill W., the co-founder of Alcoholics Anonymous, first penned these essays on A.A.'s Twelve Steps and Twelve Traditions for publication in the Grapevine, the Fellowship's monthly magazine. The Twelve Steps focus on the program of recovery from alcoholism, and the Twelve Traditions deal with issues that affect the unity of the A.A. group and the worldwide Fellowship as a whole. This book clarifies each of the suggested Twelve Steps that constitute the A.A. way of life and each of the Traditions that deal with how groups function to carry the message of recovery of alcoholism to the still-suffering alcoholic. Originally published in 1952, this classic book is used by A.A. members and groups around the world. This is the only A.A.W.S.-authorized e-book version of Twelve Steps and Twelve Traditions.

Book Information

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#10 inÂ Books > Health, Fitness & Dieting > Addiction & Recovery > Twelve-Step Programs

Customer Reviews

I have tried to follow the 12 steps and 12 traditions for many years, but haven't really known what they are before I began working them with a sponsor. He keeps me honest -- and honesty is a necessity in any program designed to change lives. Without honesty, we refuse to accept the need

for improvement or change -- and thus we don't change -- we stay in the "bad old place" which has become our virtual prison -- and condemns us to a life of living hell. Anyone who knows the misery of being trapped in a compulsive lifestyle which guarantees pain and often leads to death -- will find that honesty and perseverance in following the steps leads to a miracle of transformation.

Transformation into a life of freedom from addiction through a life changing spiritual experience. The AA 12 and 12 are the first in a number of incarnations of these steps focused on various addictions. Alcoholism, gambling addiction, drug addiction, compulsive over eating and many other addictive diseases are addressed and arrested by these steps as they are applied in particular ways for individual types of addiction. This book is worth following, adjusting the language to fit the particular disease confronted by the reader. It is, however not a self-help book. It does not work as only an educational tool -- if it did we would not need others' help. No, each person's transformation is definitely associated with systematic group participation and one-on-one support with a sponsor. The relationship dimension of this process is accentuated by the description of the process by one of the co-founders of AA. Bill W. writes of this spiritual program in practical terms -- as this is the way it works -- it has worked for me and others. Try the process and see if it works for you.

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